



FRCSIT Newsletter

Inaugural edition

From Editor's Desk

Dear friends and colleagues,

It gives me great pleasure to introduce the 'Inaugural FRCSIT Newsletter'. This newsletter is a fresh initiative of our organization and will aim to provide information to existing and potential members of FRCSIT regarding our recent and upcoming academic and social activities. This will also be a forum to disseminate information regarding latest developments and technologies in the field of Facial Plastic Surgery. In the future we plan to introduce invited articles on specific topics from prominent internationally renowned Facial Plastic Surgeons. The first few issues will reminiscence about the history of the organization, the struggles and challenges so far, the significant progress that we have made over the last 7 years, and most importantly the exciting opportunities that lie ahead. Your feedback is very important to us. Please feel free to contact me or any of the board members with your suggestions so that we may improve the newsletter in the future. Let us grow FRCSIT together so that it can help us all to achieve our true potential. We choose forward. We choose inclusion. We choose growing together.

As Henry Ford once said,

“Coming together is a beginning; keeping together is progress; working together is success.”

Sincerely

Sandeep Uppal

Editorial Chairman, FRCSIT

From Secretary's Bench

Dear All,

Warm Greetings from FRCSIT family!

It is our immense pleasure to introduce FRCSIT inaugural newsletter. FRCSIT was established for the development of plastic and reconstructive surgery of the head, face and neck in India and abroad. The membership of FRCSIT has been divided into THREE categories:

1. Full membership
2. Associate membership
3. Corporate membership

Being a full member of this society you will have following tremendous benefits:

- Membership Certificate with IFFPSS logo.
- 10% discount in FRCSIT courses with fee more than INR10,000/-
- Use of information leaflet and informed consent approved by FRCSIT.
- Separate area for accessing recorded webinar, guidelines, protocols and other study materials.
- Fellowship and observership guidance, mentoring support and surgical group support.
- Information about IFFPSS, EAFPS and ABFPRS conducted courses.
- Eligibility to take IBCFPRS examination.
- Exclusive access to case files and surgical procedure videos/teaching resources in facial plastic and reconstructive surgery.
- Further training opportunities with established facial plastic surgeons in India and abroad in the various domains of facial plastic surgery.

From Secretary's Bench

- Member discounts for subscription to paid journals or group access to journals in facial cosmetic surgery.
- Access to webinars and updates to knowledge on regular basis.
- Future Board Certification and accreditation activities.
- Access to website developed for intercommunication between members and established facial plastic surgeons and as a portal for all facial cosmetic surgery solutions.

Associate members will enjoy the following benefits:

- Certificate with FRCSIT Logo.
- Access to newsletter, guidelines, information about conferences and CMEs.
- 10% discount while attending CMEs and conferences.
- Mentoring support, webinars and updates to knowledge on regular basis.
- Member discounts for subscription to paid journals or group access to journals in facial cosmetic surgery.

Corporate members will have following benefit:

- Excellent opportunities of B2B & B2C activities with FRCSI and affiliated organizations.

We would like to welcome you all to become a member of FRCSIT and help develop the speciality of facial plastic surgery.

Prof. Biraj Das
Secretary

Prof. Narmaya Thapa
Associate secretary

Dr. Jenu Suwal Dongol
Joint secretary

Welcome Message by Chairman



Dr Ullas Raghavan

MS (ORL), FRCS (ORL-HNS), IBCFPRS, EBCFPRS

Chairman, FRCSIT

Consultant ORL, Facial Plastic Surgery

Doncaster and Bassetlaw Hospital NHS Trust

UK

FRCSIT was conceived when a group of like-minded facial plastic surgeons got together with the intention of spreading their knowledge and skills in this exciting field to the next generation of surgeons. The founders (Dr Rakesh Kumar, Dr Vishnu Reddy, Dr Vishwas Vijayadev and I) are passionate teachers and set up the organization with the explicit aim of popularising facial plastic surgery by developing courses and conferences for interested and enthusiastic surgeons.

I trained as an ORL, Head, Neck and Facial Plastic Surgeon, passed the FRCS ORL intercollegiate examination and IBCFPRS examination, and joined as a Consultant Surgeon in the UK in the year 2005. While developing my practice in facial plastic and reconstructive surgery, I realised that Mr Alwyn Dsouza and myself were the only ORL Head and Neck surgeons in the UK, regularly performing surgical and nonsurgical facial plastic surgery procedures. After significant surgical experience I became proficient in these procedures and was fortunate to establish a busy practice in cosmetic and reconstructive facial plastic surgery. Eventually I allowed my trainees to observe and learn these techniques from me. The first person to come to me as an observer was Mr Sandeep Uppal, an ORL, Head and Neck Surgery trainee in the Yorkshire registrar training rotation, UK.

Welcome Message

Mr Uppal was inspired by the challenge and the attention to detail required to practice Facial Plastic Surgery well and went on to compete the European Academy of Facial Plastic Surgery clinical fellowship and passed the IBCFPRS Board examination. I am also proud to say that he received the highest marks of all the international candidates in the IBCFPRS Board examination for which he was awarded the Claus Walter Award by the IFFPSS. He later established himself as an ORL Head, Neck and Facial Plastic Surgeon in Singapore.

Dr Vishwas visited me first as an observer in 2011 and later as a Commonwealth Professional Fellow in Facial Plastic Surgery. After the fellowship he went back to Bangalore and further developed his skills and established himself in Facial Plastic Surgery. Later Dr Rakesh Kumar came to me as the Commonwealth Professional Fellow and after his fellowship he is now working as a Professor in ORL Head and Neck Surgery at the AIIMS, New Delhi.

Dr Vishnu Reddy worked in the UK as a Consultant ENT surgeon before settling up a very busy practice as Director and HOD of ENT at Care Hospital, Banjara Hills and Hi-Tech City in Hyderabad. Dr Reddy has always been interested in rhinoplasty and other Facial Plastic Surgery procedures. Over the years his talent was recognised in ENT & Facial Plastic Surgery and he was appointed as Honorary Physician to the Honourable Vice President of India.

During our initial official meeting in Bangalore, we discussed the then state of affair of Facial Plastic Surgery in ORL, Head and Neck Surgery in India. We noticed that although the curriculum approved by the Medical Council of India clearly recommends facial plastic surgery procedures are part of training in ORL, Head and Neck Surgery, there was insufficient training provided in Facial Plastic Surgery in most academic ENT training centres. This was partly because of lack of adequately trained trainers in this field.

After his return to India following his fellowship, Dr Vishwas, Assistant Professor in RR Medical College, Bangalore, started training his juniors in Facial Plastic Surgery and the interest he generated among them was astonishing.

Welcome Message

That was encouraging and we decided to take steps to ignite the spark of interest in Facial Plastic Surgery among ORL Head and Neck Surgeons as well as like-minded medically qualified people from other specialties. As a result, we started cadaver dissection and live surgery courses in Bangalore, Hyderabad and New Delhi. These courses were well received by the ENT trainees as well as some senior ORL Head and Neck Surgeons, Ophthalmologists and Plastic surgeons.

After three successful courses we felt it was time to have a formal Facial Plastic Surgery organisation to coordinate the academic activities like courses, and for representing Facial Plastic Surgery in India. The aim was to provide a platform for exchange of ideas, where both established and budding Facial Plastic Surgeons from different surgical specialties could come together to discuss techniques and seek professional advice. With this in mind Facial Reconstructive and Cosmetic Surgery India Trust (FRCSIT) was established and registered as an educational Trust in Bangalore in 2015. Late Dr A Mahadevaiah encouraged us to start a facial plastic surgery organisation representing India and Asia. The signatories for this Trust are Dr Rakesh Kumar, Dr Vishnu Reddy, Dr Vishwas Vijayadev and myself. FRCSIT has since grown with many Indian and international members. We have recently established sections with designated leads for Rhinoplasty, Reconstructive Surgery, Cosmetic surgery and Facial trauma to help develop interest in various aspects of Facial Plastic Surgery.

We were helped in our endeavour by The Association of Otolaryngologists of India (AOI) of which we are a constituent body, of particular mention was the support provided by AOI past presidents Dr Sanjay Aggarwal, Dr Satya Prakash Dubey, Dr Deepak Haldipur, Dr Ravi Ramalingam and, the Present President Dr Sameer Bhargava & Honorary Secretary Dr Kaushal Seth.

Missions and goals-

- Teaching Facial Plastic Surgery.
- Popularise Facial Plastic Surgery among ORL, Head and Neck Surgeons and other surgical specialities in India and neighbouring countries.

Welcome Message

- Help in developing Facial Plastic Surgery skills among interested medically qualified surgeons.
- Provide appropriate material like consent forms and information leaflets for use by FRCSI members.
- Have a social media site where the members can express their opinion and share information as well as clarify any doubts.
- Train more surgeons and get them IBCFPRS certified.

The organization continues to grow from strength to strength. Recently 5 of our members have passed the IBCFPRS examination. This is a significant achievement for a young organization like ours. We would like to encourage you to join our organization so that we can grow together and take this exciting field of surgical practice forward.

ENT Surgery to Facial Plastic Surgery



Dr Sandeep Uppal

PhD, MS (ORL), FRCS (ORL-HNS), FAMS, IBCFPRS, EBCFPRS

Vice Chairman (Facial Reconstruction), FRCSIT

Head of Department and Senior Consultant

Head of Facial Plastic, Reconstructive and Aesthetic Service

Department of ORL, Head and Neck Surgery

Khoo Teck Puat Hospital, Singapore

Adj. Asst. Prof in ORL, Head and Neck Surgery,

National University of Singapore

Facial reconstruction is a vast and challenging area of practice encompassing management of facial fractures and soft tissue defects. Traditionally ENT surgeons do not get trained in facial fracture management in India and some other countries and feel ill equipped to manage them. In my opinion there are various reasons why ENT surgeons are well placed and often more familiar and equipped to take on this field than they may realize. ENT surgeons are very familiar with the anatomy of the head and neck which forms the basis of any surgical approach in this area. ENT surgeons perform complex oncology surgery like parotidectomy, laryngectomy, thyroidectomy, submandibular gland excision, mandibulotomy for access during commando procedures, mandibulectomy, maxillectomy, Caldwell Luc procedure and osteoplastic flaps for frontal sinus disease, and craniofacial procedures for malignancy. These procedures utilize some of the soft tissue approaches like upper and lower gingivobuccal mucosa incisions, coronal and pericranial flaps, transcervical approaches, facelift and modified Blair incisions, which are similar to the approaches used for management of facial fractures. Thus, in my opinion it is reasonably easy for ENT surgeons to make the transition to reconstructive facial plastic surgery by acquiring few additional skills to complement their pre-existing skills.

ENT Surgery to Facial Plastic Surgery

Reconstructive Facial Plastic Surgery Opens Doors to Aesthetic Surgery

There are obvious advantages to learning the skills for a practice in reconstructive FPS. Some of the approaches used for facial fracture management are the upper blepharoplasty, subciliary and transconjunctival approaches which are also utilized for blepharoplasty. Hence it is beneficial for those getting initiated into facial plastic surgery to incorporate management of facial fractures early in their practice to familiarize themselves with these techniques which will eventually be helpful for practice of aesthetic facial plastic surgery. Repair of mandible condyle fractures often requires the use of preauricular, retromandibular and transcervical approaches which are all parts of the modified Blair approach used for parotidectomy, a procedure most ENT surgeons are well trained to perform, making them conversant with the anatomy in the upper face and neck.

This skill can then be advanced further to learn facelift surgery, in fact ENT surgeons often use the facelift approach for parotidectomy and hence aesthetic facelift is just an extension of this skill. Similarly, the skill set acquired in raising a Coronal flap can be utilized for upper face rejuvenation and brow lift. Midface degloving approaches can be utilized for alloplastic augmentation of the maxilla and zygoma, whereas the lower gingivobuccal mucosa approaches used for open reduction and internal fixation of mandible symphysis fracture can be used for genioplasty or alloplastic augmentation of the chin.

Of course, facial trauma is not only limited to facial fractures. Patients often present with facial lacerations, and soft tissue defects of the face, pinna and lips. Another subset of patients that requires facial soft tissue reconstruction are patients presenting with facial skin BCC or SCC or Head and Neck malignancies that involve the skin. Management of these required familiarity with principles of relaxed skin tension lines, facial aesthetic units and use of local and regional flaps. Treatment of larger defects requires training in the use of free flaps, a skill set that a subset of Head and Neck Surgeons already possess. Familiarity with effective treatment of facial lacerations involves meticulous surgical suture techniques, scar revisions, dermabrasion and laser resurfacing. These principles can then be extended to management of other facial scars like acne scars.

Taking Training in Reconstructive Facial Plastic Surgery Further

It is clear that facial reconstruction is a vast and exciting field. I believe it should be the first area of facial plastic surgery that any aspiring ENT facial plastic surgeon should embrace as it

ENT Surgery to Facial Plastic Surgery

opens the doors to other areas of facial plastic surgery especially aesthetic surgery. With this in mind it is clear that there has to be a greater emphasis placed on training in facial reconstruction under the auspices of FRCSIT. FRCSIT has come a long way since its inception 7 years ago. The focus so far has been on introducing ENT surgeons to the field of facial plastic surgery through various instructional courses. The courses so far have covered a broad range of topics in facial plastic surgery which have helped to form a sound introductory foundation for those interested in facial plastic surgery.

FRCSIT is an international organization with membership spanning many countries in the India, South East Asia, Europe and America. As Vice Chair of FRCSIT for Facial Reconstruction I envision that the society will now move to the next logical step of organizing more in-depth education and instruction in various subsets of Facial Plastic Surgery, both in India and abroad. A list of courses to be held in India will be announced in due course, so please be on a look out for these. An upcoming course that I would like to recommend to the members is the 6th Singapore Facial Fracture, Orthognathic Surgery and Soft Tissue Reconstruction Fresh Frozen Cadaveric Dissection Course that will be held under the auspices of FRCSIT from 31 May-3 June 2021, as a part of the annual event '11 Days of Facial Plastic Surgery' in Singapore. The course consists of one and a half days of didactic lectures covering the commonly encountered problems during facial reconstruction. The participants will be imparted comprehensive practical training in management of all aspects of facial fractures (using AOCMF principles) and soft tissue defects. The upcoming course has been enhanced further with the addition of a substantial section on Orthognathic Surgery. This course will be a good way for a budding Facial Plastic Surgeon to get introduced to this sub specialty of Facial Plastic Surgery.

The surgical skills laboratory portion of the course will be limited to 26 Dissectors to allow for close and personal interaction between the faculty and the participants. Participants in the previous courses have greatly valued the generous amount of time available for dissection during the course. State of the art surgical instruments and implants will be made available to the delegates courtesy of our sponsors Johnson and Johnson and Karl Storz. The participants will also benefit from the wealth of experience offered by our outstanding regional and national multidisciplinary faculty belonging to the field of Otolaryngology, Ophthalmology and Maxillofacial Surgery.

Further details may be found at—www.SingaporeENTcourses.com.sg
or by contacting the course secretariat Ms Jaslyn Tan at

Message by Founding Chairman



Dr N Vishnu Swaroop Reddy

**MS (ORL-HNS), FRCS (Edinburgh), FRCS (Ireland), DLORCS
(England)**

**Clinical Director, Head of the Dept and Chief Consultant ENT
and Facial Plastic Surgeon,
Care Hospitals, Hyderabad**

Founding Chairman, FRCSIT

My interest in Rhinoplasty and Facial Plastic Surgery dates back to my training as a postgraduate MS (ORL-HNS) student from 1988 -1991. One of the main reasons I was drawn to ENT was because it offered an opportunity to train in the exciting field of rhinoplasty, a challenging yet highly satisfying surgery that can have a major impact on not only the patients aesthetic appearance but also their physical, mental and social well-being.

During my post-graduation, along with training me in rhinoplasty, my mentor Prof. Paida Rao encouraged and inspired me to acquire further skills in the field by attending Dr VP Sood's Rhinoplasty Courses in Delhi with him. My dissertation in MS (ENT) "Comparative study of external versus endonasal Rhinoplasty", impressed my external examiner, a renowned ENT Surgeon, Prof. Praful Hazarika, and I was awarded the Gold Medal for my work in 1991, which inspired me to pursue this field further. After my MS, I worked (1991-1993) with Dr A Mahadevaiah, Bangalore, who had special interest in Rhinoplasty and performed the first external rhinoplasty in 1970s in India after attending Goldman Rhinoplasty Course during his training in USA. Dr Mahadevaiah was a great inspiration to me. After I moved to England in 1993, I attended Prof. Tony Bull's Rhinoplasty and Facial Plastic Surgery workshops at Royal National Throat, Nose and Ear Hospital, London and met Prof. Wolfgang Gubisch from Marien Hospital, Stuttgart, Germany.

Message by Founding Chairman

In the year 2000 I pursued a fellowship under him, where my understanding of Facial Plastic Surgery matured further. Then as a Consultant Otolaryngologist and Facial Plastic Surgeon (2001-2003) at Staffordshire General Hospital, Stafford, England and at Aberdeen Royal Infirmary, University Teaching Hospital, Aberdeen, Scotland, I performed numerous Functional Rhinoplasties and other Facial Plastic Surgeries like Otoplasty, excision and reconstruction of facial lesions and facial skin cancer in the NHS, UK.

On my return to India after a decade in the UK, Dr VP Sood invited me as a faculty member (2005- 2010) to his advanced Rhinoplasty courses in Delhi. He is known as “Father of Rhinoplasty Surgery in India”. It was during these courses that I meet Mr Ullas Raghavan from UK. Just before his unfortunate demise Dr VP Sood, who had conducted 38 years of Rhinoplasty courses by then, sent me a mail from USA and advised me to start a Rhinoplasty course at Hyderabad.

*From: vp sood <drupsood@gmail.com>
Sent: Saturday, October 15, 2011 5:59 PM
To: ishnu reddy <vishnureddyn@hotmail.com>
Subject: Happy Deepawali*

Dear Dr. Vishnu Reddy,
Thanks for your quick response. You are very competent with solid academic track record to start a course in Rhinoplasty at Hyderabad. Please make a beginning in this direction.
With Good Wishes,
Dr. V. P. Sood

Mr Ullas Raghavan encouraged me to start a Rhinoplasty and Facial Plastic Surgery Courses at Hyderabad and offered to join me as a faculty. With his constant encouragement, I started a Live Surgery Course at Hyderabad in 2013 and later Dr Vishwas started a Cadaver Dissection Course at Bangalore. Both these courses have continued as twin courses for the last 7 years and have trained hundreds of aspiring Facial Plastic Surgeons.

After starting these courses, we realised that there was a desperate need for an organisation to promote, propagate and train Facial Plastic Surgeons in India.

As a result “FRCSIT” (Facial Reconstructive and Cosmetic Surgery, India Trust, www.frcsit.org), was born on a fine morning in the year 2015, when I came from Hyderabad, Dr Ullas came from the UK, Dr Rakesh came from Delhi, and

Message by Founding Chairman

Dr Vishwas organised all the paperwork at Bangalore to register the FRCSI Trust. I must say that without the encouragement first from Dr VP Sood and later from Mr Ullas Raghavan (I call him “Father of Facial Plastic Surgery to Indian doctors”) we wouldn’t have made the tremendous progress that we have made over the last few years.

We are proud to say we are now an associate member of IFFPSS (International Federation of Facial Plastic Surgery Societies, www.iffpss.org) which is a huge milestone achievement for FRCSIT so far. This achievement is a testament to the dedication of members like Dr Sandeep Uppal who put up a strong case for FRCSIT to become a member of IFFPSS in front of the IFFPSS board and convinced them of the high quality training we are providing to the doctors of India and neighbouring countries, through live surgeries at Hyderabad, and Cadaver dissection courses at Bangalore and AIIMS, Delhi (organised by Prof Rakesh Kumar). The society had to endure and overcome resistance from individuals with personal agenda who tried to create obstacles and spread falsehoods against our noble intentions nearly jeopardizing our membership of IFFPSS. However FRCSIT was able to prevail and flourish due to the hard work of our members and trust placed in us by renowned facial plastic surgeons from around the world.

I am very happy to share that we have demonstrated the first live surgery of “Face Lift” for Facial Paralysis at Care Hospitals, Hyderabad by Mr Ullas Raghavan in the year 2016 in an ENT live Facial Plastic Surgery workshop. Again, a milestone under FRCSIT. I am proud to say Dr Vishwas is our first candidate in India to pass IBCFPRS examination under the umbrella of FRCSIT. We are confident that many more young as well as established Facial Plastic Surgeons will follow in his footsteps.

I encourage our young generation of Facial Plastic Surgeons to train to the highest standard in Facial Plastic Surgery through self-study, attendance at courses and conferences, hands on fellowships and observer ships and by acquiring qualifications like IBCFPRS. We should all join forces, working closely with colleagues from other specialities, to make FRCSIT a strong organization and work to develop Facial Plastic Surgery for the benefit of our patients. I am confident that FRCSIT will go from strength to strength in the years to come.

Message by Founding Secretary



Dr Rakesh Kumar

**MS (ENT),
Commonwealth fellow (Facial Plastic Surgery -UK),**

**Professor, Otolaryngology and HNS
AIIMS, New Delhi**

Founding Secretary, FRCSIT

Dear Friends,

Season's greetings.

Facial Plastics is a fast-growing speciality in India although it is well established subspecialty in West. It has come to prominence in India over the last 5 years. This is a result of untiring efforts of Mr Ullas Raghavan, Dr Vishwas, Dr Sandeep Uppal, Dr Vishnu Reddy and many more. As a result of the dedication of membership of FRCSIT we now have regular academic activities in the form of live surgery workshops, CMEs, and Cadaveric hands-on learning opportunity for the interested Otolaryngologists, Plastic Surgeons, and Ophthalmologists throughout the year.

Let me take you through the development of specialty of Facial Plastic Surgery in India over the last few years. At AIIMS, New Delhi we have a tradition of working in various sub specialities from the 1970s. I joined AIIMS faculty as Assistant Professor in 1996 with Professor RC Deka as the head of our unit. Our unit was particularly interested in the field of Rhinology and was recognised for its good work nationally. We were involved in conducting yearly live surgical workshops in Rhinoplasty, FESS and Otology. The Facial Plastic work at that time was limited to corrective Rhinoplasty and to some extent Otoplasty.

Message by Founding Secretary

In the year 2009-10 we invited Mr Ullas Raghavan as international faculty to our Rhinoplasty workshop and he exposed the participants to a new paradigm in managing these difficult patients.

It was like a breath of fresh air for all of us.

The live workshop gave the participants an opportunity to interact and learn from him. I consider this as a watershed moment as he introduced us to other aspects of facial plastic surgery and put forward a strong case for ENT surgeons to take on all aspects of the Facial plastic surgery. His argument was simple, ENT surgeons have a strong foundation in the surgical anatomy of head and neck and it is thus easy to upskill ourselves to make the natural progression to Facial plastic surgery. We identified with his vision instantly, our mind set changed immediately, and our horizon broadened from just corrective Rhinoplasty to Facial Plastics for good.

Subsequently I applied for and was successful in securing a Commonwealth Fellowship in 2014 and obtained excellent training in Facial Plastic and Reconstructive Surgery in UK under the guidance of Mr Ullas Raghavan. During the Fellowship I trained not only in functional and aesthetic rhinoplasty but also in Local Flaps for facial reconstruction, Blepharoplasty, Facelift, Browlift, Otoplasty etc. My fellowship further reinforced in me the importance of developing a strong foundation in the principles of Facial Plastic Surgery to achieve the best possible results for our patients. The biggest difference I noticed in myself was a change of attitude to strive for excellence.

After returning back I implemented the techniques and philosophy that I had absorbed during my Commonwealth Fellowship into my practice. We introduced a weekly Facial Plastic Clinic at AIIMS. Hence Facial Plastics became an integral part of post graduate teaching. As I gained more experience, I decided to share my knowledge with other colleagues and started training other Otolaryngologists by conducting regular workshops.

The next big change came five years back when the idea of forming a scientific body was born with the sole aim of promoting, nurturing and guiding colleagues to take up Facial Plastic Surgery in India. Mr Raghavan guided, encouraged and mentored us through the process and consequently FRCSIT was born.

Message by Founding Secretary

FRCSIT is a non-profit medical educational and charitable trust formed in Asia. The body is dedicated to the development of Plastic and Reconstructive Surgery of the Head, Face, and Neck in India. FRCI is involved in training surgeons from various specialties and involves national and international faculty working in the field of Facial Plastics. Recently FRCSIT has also been admitted as an associate member of 'The *International Federation of Facial Plastic Surgery Societies (IFFPSS)*', an important development for our young but dynamic society.

Presently following activities in different parts of India and Asia are held under the auspices of FRCSIT -

- Live Facial Plastic Surgery Workshop at AIIMS, New Delhi
- National Facial Plastic Hands-on Workshop at Bengaluru by Dr Vishwas.
- The International Live Facial Plastic and Rhinoplasty Workshop at Hyderabad by Dr Vishnu Reddy.
- Dr Sandeep Uppal also conducts the '11 Days of Facial Plastic Surgery' at Singapore.
- Annual Live Surgical and Soft Cadaveric hands on dissection course on Rhinoplasty and Facial Plastics at AIIMS, Jodhpur.

These Cadaver Dissection Courses teach the full range of facial plastic procedures. On the other hand, the Live Surgical Workshops demonstrate surgical procedures in real time and complement these with didactic lectures, symposia and panel discussions to cover the theoretical basis of facial cosmetic surgery. National and international surgeons of repute are invited to share their knowledge and skills. All these multidisciplinary academic activities provide equal learning and interactive opportunity to surgeons from various surgical subspecialties interested in the field of Facial Plastics.

This year due to Covid-19 the Live Surgery Workshops and Cadaveric Courses have been cancelled but FRCSI has introduced an extensive International Webinar Series from April to October 2020 to help with CPD during these challenging times.

Happy learning and stay safe.

FRCSIT Online Education Initiative



Dr Vishwas Vijayadev

MS (ORL-HNS), DOHNS (Eng.), Commonwealth fellow (FPS-UK), MIMSA, Board Certified Facial Plastic Surgeon (IBCFPRS)

**Adjunct Visiting Faculty-Manipal University,
Yenepoya University**

**Consultant ORL, Head, Neck and Facial Plastic Surgeon,
SMILENFACE Center, Bangalore, India**

**Division of Facial Plastic Surgery and Facial Nerve Disorders,
Trustwell Hospitals, Bangalore**

**Clinical Associate Professor ENT-HNS Rajiv Gandhi University
of Health Sciences, Bangalore**

The core mission of Facial Reconstructive and Cosmetic Surgery India is spreading knowledge and educating colleagues in the art and science of Facial Plastic and Reconstructive Surgery. The cancellation of academic courses and conferences during the lockdown period secondary to Covid-19 pandemic provided an opportune moment to organise remote learning through web based live video seminars. The Academic Council of FRCSIT felt that the pandemic should not come in the way of our educational activities and decided to invite distinguished speakers from across the world to share their experience through a Webinar platform hosted in India. Our Executive Chairman, Mr Ullas Raghavan, and I conceptualised and successfully implemented an Interactive Web Based Continuing Medical Education Program with live polling and feedback from the audience for the benefit of Facial Plastic Surgery community. The Program has been a huge success and has seen participation of over 4700 attendees after 40 webinars and the numbers continue to grow steadily with each passing week.

FRCSIT Online Education Initiative

The highlight of the program was lectures by World leaders in Facial Plastic Surgery, who spoke on a wide range of topics from Lasers to Chemical peels, Facelifts to Otoplasties, Rhinoplasty to Local Flap Reconstruction, Facial Paralysis to Lip augmentation and the like. The webinars also provided a platform to highlight talent India, Nepal and Srilanka. Thoughtful discussions, symposia and panels were incorporated and contributed to the richness of the program. A total of 42 speakers from North America, South America, Europe, Middle East, Far East, Australia, Africa and Indian subcontinent shared their experience. This was a truly multidisciplinary event with speakers from diverse specialties like ORL, Head and Neck Surgery, Plastic surgery, Oculoplastic surgery and Dermatology. The Oculoplastic Society of India and Association of Rhinoplasty Surgeons of India supported the initiative and contributed to its success. The moderators were experienced surgeons from the Indian subcontinent who contributed immensely through their insight to the success of the program. Digital certificates were issued to the attendees and speakers for their valuable contribution.

The programme was sponsored by Mr Pradeep Kumar, Vice President (sales), and Dr Manjula Suresh, Vice-President (medical) Microlabs Eros Division. FRCSIT is grateful to them for their immense support and for ensuring a seamless flow of Academic Content via their Micro Knowledge Academy.

We would also like to thank Dr Krishnakumar and Mr Channakeshava who were responsible for the flawless broadcast of webinars through the Webex platform.

FRCSIT shall continue to invite more distinguished speakers to enhance education in the growing field of Aesthetic Surgery and Medicine in India and abroad. Wide marketing and promotional activities are planned through Facebook and other social media platforms. All FRCSIT members and the worldwide audience will be kept informed about our forthcoming educational activities. All previous webinars and scientific content shall also be made available to fully paid members through the newly revamped FRCSI website WWW.FRCSIT.ORG.

International Webinar Series



Is Happy To Initiate In The Asian Subcontinent the Very **FIRST WEBINAR IN FACIAL PLASTIC SURGERY**

APR 12,2020–BOTULINUM TOXIN IN FACIAL ESTHETICS- DR PRATEEK SHARMA, AIIMS DELHI

APR 19,2020- PRP THERAPY- LT COL DR ARUN YADAV ,CONSULTANT SURGEON, BASE HOSPITAL,DELHI

APR 26,2020-FACIAL FILLERS -DR TAN KENGLU, CONSULTANT FACIAL PLASTIC SURGEON, MALAYSIA

MAY 10,2020 - LASER FACIAL REJUVENATION- DR RAHUL KAWATRA, PROFESSOR & HOD ,CONSULTANT FACIAL PLASTIC SURGEON, LUCKNOW

MEETING LINK-WILL BE UPDATED SOON
REGISTRATION-FREE FOR ALL, EARLIER PRESENTATIONS WILL BE UPLOADED ONTO
www.frcsit.org

is happy to present its

5TH FACIAL PLASTIC SURGERY WEBINAR

SUNDAY,MAY 10, GMT 1.30 PM, UK TIME 2.30 PM, 7 PM IST

LOCAL FLAPS	CONDYLE FRACTURES	MODERATOR
Miss Nadia Ashraf,UK BMedSci (Hon), BMBS (Hon), DA, DOHNS, FRCS(ORL-HNS)	Dr Rujesh Yadav,India MBBS,MS(ORL-HNS) Asst professor,BDBA Hospital	Prof Rakesh Kumar,India MBBS,MS,CW FELLOW(FPS-UK) Dept of ORL-HNS,AIIMS, NEW DELHI

ZOOM MEETING
MEETING ID-468 502 4374
PASSWORD-FRCSIT

SCARLESS FACELIFT & NECKLIFT

BY THE INNOVATOR PAR EXCELLENCE !!

SUNDAY MAY 17,
EST 9.30 AM, GMT 1.30 PM,
UK TIME 2.30 PM, IST 7 PM

DR RICHARD GENTILE, USA

ZOOM MEETING
MEETING ID-468 502 4374
PASSWORD- FRCSIT

PLATELET RICH PLASMA IN FACIAL PLASTIC SURGERY

Learn from our expert Lt Col.Dr Arun Yadav, Base hospital, Del

Practical tips and pearls on preparation and utilization Of PRP in rejuvenating your patients Looks and enhancing Hair Growth

<https://meeting.zoho.in/meeting/register?sessionId=1324054003>
Time :9.30 AM Indian Standard Time, April 19, 2020, Sunday
For any queries mail us on info@facialplasticsurgerycourses.com

SPEAKERS

is inviting you to a scheduled Zoom meeting on **FACIAL FILLERS and LOWER LID BLEPHAROPLASTY**

Join Zoom Meeting
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Meeting ID: 743 4010 1483
Password: FRCSIT

DATE APR 26,SUNDAY, 1330H GMT
TIME 7.00 PM IST- Facial Fillers
7.20 pm IST-Lower Blepharoplasty
7.40 pm IST-Q & A

MODERATOR

Dr Rituraj Baruah,
Senior consultant, Oculoplasty and
Ocular Oncology,
Max Healthcare New Delhi,
Artemis Hospital,Gurgaon

Join Zoom Meeting

DR JERIN JOSE THOMAS
ENT,FACIAL PLASTIC
SURGEON,TAIPEI,TAIWAN
dr.jerin.thomas@gmail.com

International Webinar Series

Speakers

International Webinar Series in Facial Plastic Surgery
Part-1 (April 20- August 20)

Thanks the Distinguished Speakers from across the World

 Professor Peter A. Adamson Canada	 Dr. Neil A. Gordon USA	 Dr. Richard Gentle USA	 Dr. Aleyn D Souza United Kingdom	 Dr. Ullas Raghavan India	 Dr. Oren Friedman USA
 Dr. Yong Ju Jang South Korea	 Dr. Fazli Appayadin Turkey	 Prof. Timothy Woolford United Kingdom	 Dr. Mark Taylor Canada	 Dr. Tomas Patrocinio Brazil	 Dr. Tuan Phan Australia
 Dr. Alexandra Mora Columbia	 Dr. Hina Baxi India	 Dr. Tan Kang Lu Malaysia	 Dr. Usha Kim India	 Dr. Nadia Ashraf UK	 Dr. Ashesh Bhumkar India
 Dr. Vishnu Swaroop Reddy India	 Dr. Amar Singh Olan	 Dr. Sandeep Uppal Singapore	 Dr. Virendra Ghaiwas India	 Dr. Sandeep Bhasin India	 Dr. Kapil Aggarwal India
 Dr. Jose Carlos Neves Portugal	 Dr. Lucas Patrocinio Brazil	 Dr. Hermann Raunig Austria	 Dr. Andrew A. Winkler USA	 Dr. Krishnamurthy Bonanthaya India	 Dr. Subramaniam Iyer India
 Dr. Dipesh Rao United Kingdom	 Dr. Cameron McIntosh South Africa	 Dr. Rajesh Yadav India	 Dr. Ajay Rana India	 Dr. Naba Jowett USA	 Dr. Vishwas Vijayadev India
 Dr. Jerin Thomas Taipei, Taiwan	 Dr. Kabirji Patil India	 Dr. Chidamanda India	 Dr. Prateek Sharma India	 Dr. Arun Yadav India	 Dr. Rahul Krawstra India

Kindly visit frcsit.org for more information
*Earlier webinar recordings are available on frcsit.org for members

International Webinar Series

Calander

Date	Time	Topic	Speakers
14-06-2020 Sunday	8.00 pm IST	Osteotomy and Middle Vault in Rhinoplasty	Dr. Andrew Winkler USA
21-06-2020 Sunday	7.00 pm IST	Tip Lobule in Rhinoplasty	Prof. Dr. Tomas Patrocinio Brazil
27-06-2020 Saturday	7.00 pm IST	Radix correction in Rhinoplasty	Dr. Amar Singh Oman
28-06-2020 Sunday	7.00 pm IST	Push Down and Letdown Rhinoplasty	Dr. Jose Carlos Neves Portugal
04-07-2020 Saturday	7.00 pm IST	Genioplasty, Orthognanthic & Facial Feminization with Concomitant Rhinoplasty	Prof. Dr. Lucas Patrocinio Brazil
05-07-2020 Sunday	8.00 pm IST	Alar Base Reduction -Different Techniques	Dr. Cameron Mcintosh South Africa Dr. Kapil Aggarwal, India Prof. Dr. Peter Adamson, Canada
11-07-2020 Saturday	7.00 pm IST	Marketing and Brand Promotion - FPS Filler Rhinoplasty	Dr. Sandeep Uppal Singapore
12-07-2020 Sunday	7.00 pm IST	Difficult Cases Rhinoplasty-Panel Discussion	Dr. Tuan Pham, Australia Dr. Yong Ju Jang, South Korea Dr. Fazil Appayadin, Turkey
15-07-2020 Wednesday	7.00 pm IST	Anatomy & Learning Curve in Blepharoplasty	Dr. Mark Taylor Canada
19-07-2020 Sunday	7.00 pm IST	Anatomy of Ageing/Illusion of Volume Loss Deep Plane Rhytidectomy - Evolution of Techniques for Novice and Experts	Dr. Neil Gordon USA
25-07-2020 Saturday	7.00 pm IST	Combined treatments, Surgical & Non-Surgical for Facial Rejuvenation	Dr. Alexandra Mora South America
26-07-2020 Sunday	7.00 pm IST	Facial Reanimation & Sensory Neurotization	Dr. Nate Jowett USA
02-08-2020 Sunday	7.00 pm IST	Cleft Lip Surgery	Dr. Krishnamurthy Bonanthaya India
09-08-2020 Sunday	7.00 pm IST	Otoplasty -Minimal Techniques	Dr. Hermann Raunig Austria
16-08-2020 Sunday	7.00 pm IST	Microtiav & Canal Atresia Surgery	Dr. Ashesh Bhumkar India
23-08-2020 Sunday	7.00 pm IST	Pediatric Craniofacial Surgery	Dr. Dipesh Rao United Kingdom
31-08-2020 Sunday	7.00 pm IST	Free Flaps in Head & Surgery	Dr. Subramaniam Iyer India

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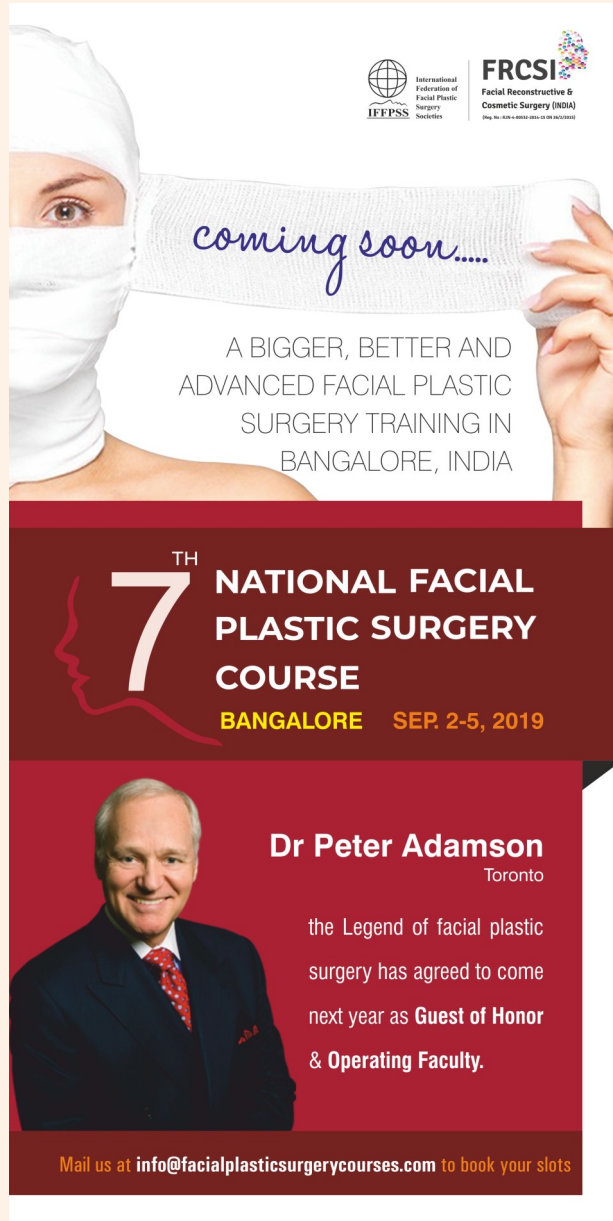
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Workshops and courses

11th International Conference
of Pan Asia Academy of
Facial Plastic and
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27 – 28 May 2021

11 Days of
Facial Plastic
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24 May – 3 June 2021



Workshops and courses



3rd Live Surgical & Hands-on Soft Cadaveric Dissection Course on Rhinoplasty & Facial Plastics

12th & 13rd December 2019
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Organised by :
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Attractive combined registration available



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Editor

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Dr Arun Yadav

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